



COURSE	YEAR / SEMESTER	BATCH	PLAN PERIOD	WEEKS	PRESCRIBED HRS	PLANNED HRS	STATUS
General Nursing & Midwifery (GNM)	Year 1	2025 — 54 students	15-09-2025 to 06-09-2026	51	1840	1840	APPROVED

MONTH				Sep 2025			Oct 2025				Nov 2025				Dec 2025						Jan 2026				Feb 2026				Mar 2026			
BLOCK				THEORY · 465 h																				SESS	THEORY · 180 h							
Sl	Subject / Component	T/L/C	Presc. hrs	W1 15-09	W2 22-09	W3 29-09	W4 06-10	W5 13-10	W6 20-10	W7 27-10	W8 03-11	W9 10-11	W10 17-11	W11 24-11	W12 01-12	W13 08-12	W14 15-12	W15 22-12	W16 29-12	W17 05-01	W18 12-01	W19 19-01	W20 26-01	W21 02-02	W22 09-02	W23 16-02	W24 23-02	W25 02-03	W26 09-03	Planned hrs whole plan	Bal.	
1	Anatomy & Physiology	T	90	3	3	3	3	3		3	3	3	3	3	3	3	3	2		3	3		3	3	4	3	4	3		90	0	
2	Microbiology	T	30	1	1	1	1	1		1	1	1	1	1	1	1	1	1		1	1		1	1	1	1	1	1		30	0	
3	Psychology	T	40	1	1	1	2	1		1	2	1	1	2	1	1	2	1		1	2		2	1	2	1	2	1		40	0	
4	Sociology	T	20	1	1	1	1	1		1	1	1	1	1	1	1				1	1			1		1		1		20	0	
5	Fundamentals of Nursing	T	190	7	7	7	7	7		7	7	7	7	7	7	7	3			7	7		7	6	7	6	7	7		190	0	
6	First Aid	T	20	1	1	1	1	1		1	1	1	1	1	1	1				1			1	1		1		1		20	0	
7	Community Health Nursing I	T	80	3	3	3	3	3		3	3	3	3	3	3	3	3	1		3	3		3	3	3	3	3	3		80	0	
8	Environmental Hygiene	T	30	1	1	1	1	1		1	1	1	1	1	1	1	1	1		1	1		1	1	1	1	1	1		30	0	
9	Health Education & Communication Skills	T	40	1	1	1	1	2		1	1	1	2	2	1	1	2	1		1	2		1	2	2	1	2	1		40	0	
10	Nutrition	T	30	1	1	1	1	1		1	1	1	1	1	1	1	1	1		1	1		1	1	1	1	1	1		30	0	
11	English	T	30	1	1	1	1	1		1	1	1	1	1	1	1	1			1	1		1	1	1	1	1	1		30	0	
12	Computer Education	T	15	1	1	1				1		1			1	1				1			1	1		1		1		15	0	
13	Co-curricular Activities	T	10												1		1			1			1		1	1		1		10	0	
14	Lab / Practical Hours	L	215	8	8	8	8	8		8	8	8	8	7	7	8	8	4		7	8		7	8	7	8	8	7		215	0	
15	Clinical Contact Hours	C	1000																											1000	0	
	Working hours available in the week			30	30	30	30	30		30	30	30	30	30	30	30	30	15		30	30	30	30	30	30	30	30	30		675		
	Contact hours planned			30	30	30	30	30		30	30	30	30	30	30	30	30	15		30	30		30	30	30	30	30	30		645		
	Holidays in the week								6									3	6										6	21		

THEORY	SESSIONAL EXAM
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Bal. = prescribed hours still to be planned (red) or planned over and above the prescription (green). Contact hours planned must not exceed the working hours available in a week; any excess is taught as extra classes. Prescribed hrs, Planned hrs and Bal. are for the WHOLE plan; the working-hours and contact-hours totals at the foot of the grid are for the weeks shown on this sheet only. Full block: 6-day week · theory 5 h/day · clinical 5 h/day.



COURSE	YEAR / SEMESTER	BATCH	PLAN PERIOD	WEEKS	PRESCRIBED HRS	PLANNED HRS	STATUS
General Nursing & Midwifery (GNM)	Year 1	2025 — 54 students	15-09-2025 to 06-09-2026	51	1840	1840	APPROVED

MONTH				Mar 2026			Apr 2026				May 2026				Jun 2026						Jul 2026				Aug 2026						
BLOCK				THEORY · 90 h			CLINICAL · 536 h								SESS	CLINICAL · 464 h						THEORY · 60 h		SESS	THEORY · 45 h						
Sl	Subject / Component	T/L/C	Presc. hrs	W27 16-03	W28 23-03	W29 30-03	W30 06-04	W31 13-04	W32 20-04	W33 27-04	W34 04-05	W35 11-05	W36 18-05	W37 25-05	W38 01-06	W39 08-06	W40 15-06	W41 22-06	W42 29-06	W43 06-07	W44 13-07	W45 20-07	W46 27-07	W47 03-08	W48 10-08	W49 17-08	W50 24-08	W51 31-08	Planned hrs whole plan	Bal.	
1	Anatomy & Physiology	T	90	4	4	3																	3	4		4	1		90	0	
2	Microbiology	T	30	1	1	1																	2	1		1	1		30	0	
3	Psychology	T	40	2	2	1																	2	1		1	1		40	0	
4	Sociology	T	20		1	1																				1			20	0	
5	Fundamentals of Nursing	T	190	7	6	7																	6	7		6	3		190	0	
6	First Aid	T	20		1																		1			1			20	0	
7	Community Health Nursing I	T	80	3	2	3																	2	2		3	1		80	0	
8	Environmental Hygiene	T	30	1	1	1																	1	2		1	1		30	0	
9	Health Education & Communication Skills	T	40	2	1	2																	1	2		1	1		40	0	
10	Nutrition	T	30	1	1	1																	1	2		1	1		30	0	
11	English	T	30	1	1	2																	1	2		1	1		30	0	
12	Computer Education	T	15		1																		1			1			15	0	
13	Co-curricular Activities	T	10		1																		1			1			10	0	
14	Lab / Practical Hours	L	215	8	7	8																	8	7		7	4		215	0	
15	Clinical Contact Hours	C	1000				67	67	67	67	67	67	67	67		67	67	66	66	66	66	66							1000	0	
	Working hours available in the week			30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	25	25	740		
	Contact hours planned			30	30	30	67	67	67	67	67	67	67	67		67	67	66	66	66	66	66	30	30		30	15		1195		
	Holidays in the week																									1	1	2			

THEORY							CLINICAL										SESSIONAL EXAM									
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Bal. = prescribed hours still to be planned (red) or planned over and above the prescription (green). Contact hours planned must not exceed the working hours available in a week; any excess is taught as extra classes. Prescribed hrs, Planned hrs and Bal. are for the WHOLE plan; the working-hours and contact-hours totals at the foot of the grid are for the weeks shown on this sheet only. Full block: 6-day week · theory 5 h/day · clinical 5 h/day.

HOURS RECONCILIATION — PRESCRIBED vs PLANNED

Sl	Particulars	Prescribed hrs (INC)	Planned hrs	Balance
1	Theory	625	625	0
2	Skill Lab / Practical	215	215	0
3	Clinical	1000	1000	0
	Total	1840	1840	0

PREPARED BY (CLASS COORDINATOR)

VERIFIED BY (VICE-PRINCIPAL)

APPROVED BY (PRINCIPAL)